



## Patient Preparation Guide

Prescribed medication should be continued unless specifically advised otherwise by your doctor.

### CT SCAN

- Fast 4 hours prior to examination (Nil to eat). May drink water.
- Take normal medications as required. Diabetics please cease taking all Metformin based medications prior to your scan. If you are unsure if your medication is Metformin based please ask our staff at the time of booking.
- Please drink 1 cup of water every 15 minutes, starting 1hr prior to your appointment time.
- You may empty your bladder.

### ULTRASOUND ABDOMEN

- Nothing to eat or drink for 6 hours prior to your appointment. Prescribed medication may be taken with a small sip of water.
- No smoking or chewing gum.

### PREGNANCY OR PELVIC ULTRASOUND

- Empty your bladder 2 hours prior to your appointment.
- DO NOT EMPTY YOUR BLADDER AGAIN.
- Drink 750mls of water 2 hours prior to your appointment

### RENAL ULTRASOUND

- Fast 4 hours prior to examination (nil to eat).
- Empty your bladder 2 hours prior to your appointment.
- DO NOT EMPTY YOUR BLADDER AGAIN.
- Drink 750mls of water 2 hours prior to your appointment.

### RENAL ARTERIES

- Nothing to eat or drink for 6 hours prior to your appointment. Prescribed medication may be taken with a small sip of water.
- No smoking or chewing gum.

### LEG ARTERIES

- Nothing to eat or drink for 6 hours prior to your appointment. Prescribed medication may be taken with a small sip of water.

### MAMMOGRAM

- No talcum powder or deodorant to be used on the day of your appointment.
- Contact Breast Screen for any previous imaging on 13 21 50.

### BARIUM MEAL

- Nothing to eat or drink for 6 hours prior to your appointment. Prescribed medication may be taken with a small sip of water.
- DO NOT TAKE indigestion powders.

# Directions for Patients

Practice Procedure List	Angiography	Bone Densitometry	CT	Fluoroscopy	General X-ray	Interventional Procedures	Mammography	Tomosynthesis	MRI	Nuclear Medicine	OPG	Ultrasound
<b>St Vincent's Hospital</b> 5 Frederick St, Launceston TAS 7250 <b>Appointments:</b> (03) 6332 7400 <b>Fax:</b> (03) 6332 7444	✓		✓		✓	✓	✓	✓		✓	✓	✓
<b>St Luke's Hospital</b> 24 Lyttleton St, Launceston TAS 7250 <b>Appointments:</b> (03) 6332 7400 <b>Fax:</b> (03) 6336 6329				✓	✓	✓			✓			✓
<b>Jimmy's Complex</b> 198 Charles St, Launceston TAS 7250 <b>Appointments:</b> (03) 6332 7400 <b>Fax:</b> (03) 6337 6626		✓			✓						✓	
<b>Launceston General Hospital</b> Charles Street, Launceston TAS 7250 <b>Appointments:</b> (03) 6332 7400 <b>Fax:</b> (03) 6334 3335										✓		
<b>Riverside</b> Windsor Community Precinct 1 Windsor Drive, Riverside TAS 7250 <b>Appointments:</b> (03) 6332 7400 <b>Fax:</b> (03) 6328 4550	✓		✓		✓						✓	✓
<b>St Helens</b> Circassion St, St Helens TAS 7216 <b>Appointments:</b> (03) 6376 0500 <b>Fax:</b> (03) 6376 0500					✓							
<b>NW Medical Centre</b> 21 Brickport Road, Burnie TAS 7320 <b>Appointments:</b> (03) 6421 8800 <b>Fax:</b> (03) 6433 7314	✓		✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
<b>Bayview Medical Centre</b> 10 Marine Terrace, Burnie TAS 7320 <b>Appointments:</b> (03) 6421 8800 <b>Fax:</b> (03) 6433 7492		✓			✓						✓	
<b>Mersey Community Hospital</b> Torquay Road, Latrobe TAS 7307 <b>Appointments:</b> (03) 6421 8800 <b>Fax:</b> (03) 6421 8818	✓		✓		✓	✓						✓
<b>Devonport</b> 20 Oldaker St, Devonport TAS 7310 <b>Appointments:</b> (03) 6421 8800 <b>Fax:</b> (03) 6422 5820		✓	✓		✓						✓	✓
<b>Smithton Hospital</b> 74 Brittons Road, Smithton TAS 7330 <b>Appointments:</b> (03) 6478 9520 <b>Fax:</b> (03) 6452 1793					✓							
<b>West Coast District Hospital</b> 60-64 Orr St, Queenstown TAS 7467 <b>Appointments:</b> (03) 6471 3320 <b>Fax:</b> (03) 6471 2350					✓							

**Please note:** Some examinations require special preparation. Please check when making your appointment. Patient preparation information can be found at [regionalimaging.com.au](http://regionalimaging.com.au)

Your doctor has recommended that you use Regional Imaging. You may choose another provider but please discuss this with your doctor first.



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[regionalimaging.com.au](http://regionalimaging.com.au)