



## Patient Preparation Guide

Prescribed medication should be continued unless specifically advised otherwise by your doctor. Please bring previous films if available.

### DIAGNOSTIC X-RAYS

**Barium Enema** – Preparation kits provided.

**Barium Swallow, Meal, Follow Through or Small Bowel Series** – Nothing to eat or drink 12 hours prior to appointment.

**Intravenous Pyelogram, Intravenous Cholangiogram** – Preparation as provided.

### MAMMOGRAPHY/3D Tomosynthesis (Available at Ramsay Place - West Albury)

NO Talcum Powder or Deoderant to be applied to underarms/breast area on day of examination. Please wear a 2 piece outfit.

### ULTRASOUND

**Carotid, C.V.I, D.V.T.** – No preparation.

**Kidneys, Renal, Urinary, Bladder, Prostate** – Finish drinking 1 litre of water, 1 hour prior to appointment and fill your bladder. Hold your bladder.

**Pregnancy, Pelvis, Uterus, Ovaries and Lower Abdomen** – Full bladder required. Hold your bladder.

**Upper Abdomen, Liver, Gallbladder, Spleen, and Aorta** – Nothing to eat for 12 hours prior. Drink clear fluids.

**Renal Arteries** – No fizzy drinks or dairy products for 24 hours prior. Fast for 12 hours prior. Drink clear fluids.

### NUCLEAR MEDICINE (Available at AWH – Albury Campus and Wangaratta – Cusack St.)

**Bone Scan** – No preparation. The patient has an injection and returns 3 to 5 hours later for the bone scan preparation. Drink 400 to 600mls of fluid between injection and scan.

**Biliary (HIDA) Scan** – Fast for 4 hours prior to test which may take up to 2.5 hours.

**Renal (Mag3) Scan** – Drink 600mls of water prior to test. May pass urine before test.

**Ventilation and Perfusion Lung Scan** – No preparation.

### CT SCAN

**Brain, Neck, Chest, Abdomen, Pelvis** – Fast for food only 4 hours prior to your appointment. Please maintain hydration.

Diabetic patients fast for food only 2 hours prior to your appointment. Please maintain hydration.

**CT Colonography** – Preparation as provided. Please phone for instructions.

**CT IV Cholangiogram** – Preparation as provided. Please phone for instructions.

**CT Cardiac Angiography** – Preparation as provided. Please phone for instructions.

**CT Angiography** – 2 hour fast. Please maintain hydration.

**Spinal Injections** – Driver required, post-procedure.

### MRI

**MRCP** – Fast for 12 hours.

**Abdomen, Small Bowel & Renal MRI** – Fast for 4 hours.

Please do not wear jewellery and/or clothing with zips or metal detailing.

### BONE DENSITOMETRY – Available at Ramsay Place – West Albury.

Wear clothing with no buttons or zippers at waist (elastic waistband ideal).

# Directions for Patients

## Practice Procedure List

	Angiography	Bone Densitometry	CT	Fluoroscopy	General X-ray	Interventional Procedures	Mammography/3D Tomosynthesis	MRI	MSK/US Intervention*	Nuclear Medicine	OPG	PET/CT	Ultrasound
 <p><b>Albury – Ramsay Place</b> 3 Ramsay Place, West Albury <b>Appointments:</b> (02) 6022 5202 <b>Fax:</b> (02) 6022 5299</p>	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓			✓
 <p><b>Albury Wodonga Health – Albury Campus</b> Borella Road, Albury, NSW, 2640 <b>Appointments:</b> (02) 6058 8300 <b>Fax:</b> (02) 6058 8399</p>	✓		✓	✓	✓	✓		✓	✓	✓	✓	✓	✓
 <p><b>Wangaratta – Nuclear Medicine</b> Cusack Street, Wangaratta <b>Appointments:</b> (03) 5723 3100 <b>Fax:</b> (03) 5723 3109</p>										✓			
 <p><b>Yarrawonga</b> 33 Piper Street, Yarrawonga <b>Appointments:</b> (03) 5743 9200 <b>Fax:</b> (03) 5743 9299</p>			✓		✓				✓		✓		✓



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