



## Patient Preparation Guide

Prescribed medication should be continued unless specifically advised otherwise by your doctor. Please bring previous films if available.

### PELVIC ULTRASOUND

- Empty the bladder and then drink 4 large glasses of water 2 hours prior to your appointment and hold it.

### OBSTETRIC ULTRASOUND

- Empty the bladder and then drink 2-3 large glasses of water 2 hours prior to your appointment and hold it.

### ABDOMINAL ULTRASOUND

- Fast from midnight.
- Nothing to eat, drink, smoke or chew.
- May take any medication with a sip of water.

### RENAL ARTERY ULTRASOUND

- No solid food for 6 hours prior to your appointment.
- Need to be well hydrated.
- Drink 4 glasses of water in the hour preceding your appointment. Can go to the toilet.

### RENAL AND BLADDER ULTRASOUND

- Empty the bladder 2 hours prior to the appointment. Drink 4 large glasses of water and hold it.

### CT SCAN

- Drink 4 glasses of water in the hour preceding your appointment. Further instructions will be given over the phone at the time of booking. Can go to the toilet.

### NUCLEAR MEDICINE (Located at Latrobe Regional Hospital Traralgon)

- Instructions will be given over the phone at the time of booking.

### BARIUM MEAL

- Fast for 6 hours prior to your appointment.

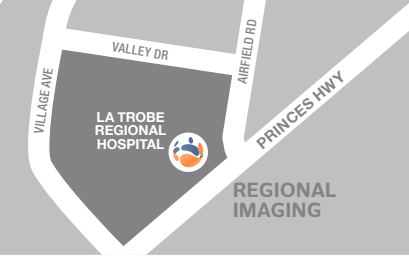





### BARIUM ENEMA

- Collect bowel kit prior to your appointment.

### BONE DENSITOMETRY (DEXA)

- No metal zips or buttons.
- Wear loose fitting clothes.

# Directions for Patients

Practice Procedure List	Angiography	Bone Densitometry	CT	Fluoroscopy	General X-ray	Interventional Procedures	2D & 3D Mammography	MRI	Nuclear Medicine	OPG	Ultrasound
 <p><b>Latrobe Regional Hospital</b> Princes Highway Traralgon VIC 3844 <b>Appointments:</b> 1800 888 669 <b>Fax:</b> (03) 5173 4799</p>	✓		✓	✓	✓	✓	✓	✓	✓		✓
 <p><b>Traralgon</b> 39 Breed St Traralgon VIC 3844 <b>Appointments:</b> 1800 888 669 <b>Fax:</b> (03) 5173 4799</p>			✓		✓	✓				✓	✓
 <p><b>Moe</b> 46 - 48 Albert St Moe VIC 3825 <b>Appointments:</b> 1800 888 669 <b>Fax:</b> (03) 5173 4799</p>		✓			✓				✓		✓
 <p><b>West Gippsland Hospital</b> Landsborough St Warragul VIC 3820 <b>Appointments:</b> 1800 888 669 <b>Fax:</b> (03) 5173 4799</p>			✓	✓	✓	✓	✓				✓
 <p><b>Newmason - Warragul</b> Shop 2, 29 Mason Street Warragul VIC 3820 <b>Appointments:</b> 1800 888 669 <b>Fax:</b> (03) 5173 4799</p>	✓		✓	✓	✓	✓		✓		✓	✓
 <p><b>Maryvale Private Hospital</b> 286 Maryvale Rd, Morwell <b>Appointments:</b> 1800 888 669 <b>Fax:</b> (03) 5173 4799</p>			✓		✓						✓

Further procedure and patient information can be found at [regionalimaging.com.au](http://regionalimaging.com.au)