



Patient Preparation Guide

Prescribed medication should be continued unless specifically advised otherwise by your doctor. Please bring previous films if available.

DIAGNOSTIC X-RAYS

Barium Enema – Preparation kits provided.

Barium Swallow, Meal, Follow Through or Small Bowel Series – Nothing to eat or drink from midnight.

Intravenous Pyelogram, Intravenous Cholangiogram – Nothing to eat for 4 hours. Water only until 1 hour prior.

Mammography – DO NOT use talcum powder for 3 days prior on breasts or under arms. Please wear 2 piece outfit.

ULTRASOUND

Carotid, C.V.I, D.V.T. – No preparation.

Other Vascular – No solids for 6 hours. May drink clear fluids normally.

Kidneys, renal, urinary, bladder, prostate – No solids for 6 hours prior: Start drinking at least 600ml of water 1 hour prior to appointment and fill your bladder. If you need to urinate, drink more water to refill your bladder.

Pregnancy, pelvis, uterus, ovaries and lower abdomen – Start drinking at least 600ml of water 1 hour prior to appointment and fill your bladder. If you need to urinate, drink more water to refill your bladder.

Upper abdomen, liver, gallbladder, spleen and aorta – Nothing to eat for 8 hours prior. Can drink water up to appointment time.

Renal arteries – No fizzy drinks or dairy products for 24 hours prior. Fast for 6 hours prior. Drink 1 litre (1,000ml) of water commencing 2 hours prior to appointment time.

NUCLEAR MEDICINE

Bone Scan – No preparation. The patient has an injection and returns 3 hours later for the scan. Drink 400 to 600mls of fluid between injection and scan.

Biliary (HIDA) Scan – Please call the clinic for detailed preparation information.

Renal (DTPA) Scan – Drink 1.5 litres of water prior to test. May pass urine before test.

Ventilation and Perfusion Lung Scan – No preparation. Please bring current Chest X-Ray.

CT SCAN

Brain, Neck, Chest, Abdomen, Pelvis – Fast for 2 hours. Drink 1 litre of water 1 hour prior to appointment.

Spine, extremities – No preparation.

MRI

MRCP – Fast for 6 hours.

BONE DENSITOMETRY

Wear clothing with no buttons or zippers at waist (elastic waistband ideal).

REGIONAL IMAGING CARDIOVASCULAR CENTRE

PICC Line – No prep. Patients need to bring referral and health fund details if they are privately insured.

Ovarian and testicular vein embolisation – Fast for 4 hours. Bring private health fund details. You will require someone to drive you in and drive you home.

Directions for Patients



Practice Procedure List	Angiography	Bone Densitometry	CT	Fluoroscopy	General X-ray	Interventional Procedures	Mammography	3D Mammography - Tomosynthesis	MRI	Nuclear Medicine	OPG	Ultrasound
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Wagga Wagga - Hardy Avenue

36 Hardy Ave
Wagga Wagga NSW 2650
Appointments: (02) 6932 1300
Fax: (02) 6932 1399

Wagga Wagga - Docker Medical

Suite 10, Level 1
2-10 Docker Street
(Cnr Docker & Chaston Streets)
Wagga Wagga NSW 2650
Appointments: (02) 6932 1300
Fax: (02) 6932 1299

Griffith Medical Specialist Centre

115 - 119 Binya Street
Griffith NSW 2680
Appointments: (02) 6910 2100
Fax: (02) 6910 2199

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Please note: Some examinations require special preparation. Please check when making your appointment. Patient preparation information can be found at regionalimaging.com.au

Your doctor has recommended that you use Regional Imaging. You may choose another provider but please discuss this with your doctor first.



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